

Data Exchange

Application of outcomes

November 2018

Topics discussed

Choosing an outcomes measurement tool

How does SCORE work?

How to use your data

More information

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Choosing an outcomes measurement tool

Factors to consider

- Client cohorts using the tool
- Using an existing tool
- Adapting or making your own tool
- Translations to SCORE (if using an outcomes tool)
- Costs of tools (licencing fees)
- Directly into SCORE

https://aifs.gov.au/cfca/2016/04/14/how-choose-outcomes-measurement-tool

Translation Matrix

- A resource that translates nine outcomes tools into SCORE
- Re-released in December 2018
- Focus on commonly used tools
- Includes templates and guidance for translating 'in house' tools into SCORE



Outcome measurement tool example

Name_____

ALL MADE

Date

For all questions, please circle the answer most commonly related to you. Questions 3 and 6 automatically receive a score of one if the proceeding question was 'none of the time'.

In the past four weeks:	None of the time	A little of the time	Some of the time	Most of the time	All of the time
1 About how often did you feel tired out for no good reason?	1	2	> 3	4	5
2. About how often did you feel nervous?	1 🤇	2	> 3	4	5
3. About how often did you feel so nervous that nothing could calm you down?	1	2	3	> 4	5
4. About how often did you feel hopeless?	1	2	> 3	4	5

K10 rating of 25

Example cont....

Outcome measure	K10 Score (10-50)						
Valid use of outcome	K10 can be used 'before' and 'after' an intervention to measure changes in mental health, wellbeing and self-care for adults.						
measure	Caution is needed in interpreting SCORE = three and four as 'positive' outcomes when the K10 rating translates to 'moderate' or 'mild' mental disorder in the instrument.					n	
	This translation is intended for use with the Australian version of the K10 that uses a one to five rating scale with a total range of 10-50. The rating bands used by the Australian Bureau of Statistics were adopted for the translation.						
As the K10 is primarily designed to identify the need for treatment, it is most re to measuring extremely severe mental disorder (SCORE=1/K10 over 30) and s mental disorder (SCORE=2/K-10 22-29).							
Recommended SCORE domain	······································						
Recommended		1	2	3	4	5	
SCORE	SCORE range	1	2	3	4	5	
translation	SCORE descriptors	Very poor	Poor	Moderate	Good	Very Good	
	K-10	30+	22-29	16-21*	11-15*	10	
For more information about the K10, visit <u>https://www.hcp.med.harvard.edu/ncs/k6_scales.php</u> and http://www.abs.gov.au/ausstats/abs@.nsf/lookup/4817.0.55.001Chapter92007-08							



How does SCORE work?

How does SCORE work



Using SCORE directly with clients

Score Outcome Domain	1. Very Poor	2. Poor	3. Moderate	4. Good	5. Very Good
Mental health, wellbeing and self-care	Significant negative impact of poor mental	Moderate negative impact of poor mental	Progress towards improving mental health, wellbeing	Adequate short-term mental	Adequate ongoing mental health, wellbeing
	health, wellbeing and self-care on independence, participation and	health, wellbeing and self-care on independence, participation and	and self-care to support independence, participation and	health, wellbeing and self-care to support	and self-care to support independence, participation and
	wellbeing	wellbeing	wellbeing	independence , participation and wellbeing	wellbeing

Additional guidance for using SCORE document

Score timing examples



Reporting how SCORE was made

Assessed by:	How it should be used:
SCORE directly – client	
SCORE directly – practitioner	For organisations that don't have a validated outcomes tool, and those that are using the
SCORE directly – joint	SCORE Likert scale to directly measure
SCORE directly – support person	outcomes.
Validated outcomes tool – client	
Validated outcomes tool – practitioner	For organisations using a validated outcomes
Validated outcomes tool – joint	tool, meaning the tool has been psychometrically tested.
Validated outcomes tool – support person	

Steps to measuring outcomes checklist

Checklist
Use the resources on the Data Exchange website.
Understand your program logic - make sure there is a logical flow between the program and the outcomes being achieved.
Decide your organisations measurement tool. Think about the tools you use, are they outcomes tools or do they have another purpose?
Integrate the process and your outcomes tools into service delivery.
Report regularly to measure client changes over time.
Review the Client outcomes report and use these data insights for continuous improvement.
Make sure there is a plan to use this data in the organisation.



How to use your data

How to access the reports



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Select 'Go'...



Report options



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Available reports

Standard reports

Organisation	Organisation Data 🚯
Overview	Quality

Partnership Approach reports











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How to turn data into insights

- Check and update the quality of your data
- Define the question you wish to answer
- Consider the context
- Check the Client outcomes report
- Look for patterns and trends
- Apply your insights



Check and update the quality of the data

- Check and update your data quality:
 - Organisation overview report
 - Apply your filters
 - Attendance and sessions sheet
 - Client demographic sheet
 - o Data Quality report
 - Birth date details sheet
 - Not stated details sheet
 - Unidentified client details sheet



Define the question you wish to answer

What impact has your program had on your clients' circumstances in your service delivery area?



Consider the context

- Check what is happening in the community:
 - Community Profiles report
 - Filter to the area you want to review
 - Select relevant sheets
 - Apply your local knowledge
 - What is happening locally that is impacting your clients



Check the Client outcomes report

- Filter to your:
 - Program/Activity/Outlet
 - Reporting period
 - Client type
 - Client demographics
- Select the Overview sheet:
 - Do the number for clients who have had an assessment completed meet your expectations?
- Select the relevant SCORE component sheets:
 - Is the impact expected?
 - Is it outlet or program specific?
 - Is it SCORE domain specific?



Look for patterns and trends

Patterns

- What patterns are observable?
- \circ Is this what you expected?
- Is this happening across other outlets and programs?
- Trends
 - $\circ~$ Is this happening at certain times of the year?
 - Is this happening in certain programs and outlets?



What is the **big picture** telling you?

Don't stop there... Apply your insights

- Apply what you have discovered
 - Can improvements be made to services in other outlets and programs?
 - Is further training or services required in particular outlets and programs?
- Share your insights
 - With your frontline staff
 - With your team and management



Celebrate success and work on driving innovation and change.

More information



- Data Exchange website: https://www.dex.dss.gov.au
- Data Exchange Helpdesk: 1800 020 283 or <u>dssdataexchange.helpdesk</u> @dss.gov.au
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